

Dear Parent or Guardian:

We are writing to notify you that a student in your child's grade level has been identified to have **head lice**. New Texas law requires schools to notify parents of an occurrence of lice.

Head lice is not a disease or public health hazard and has nothing to do with hygiene or cleanliness in the home or school. It is very common among children and is spread through **head-to-head contact** during play, sports, or nap time, and when children share items like combs, hats, brushes, and headphones.

According to the **Centers for Disease Control and Prevention (CDC)** and the American Academy of Pediatrics, children identified with **live head lice** do not need to be sent home early from school; they can go home at the end of the day, be treated, that evening, and return to class the following day. **Nits** may persist after treatment, but successful treatment should kill crawling lice.

Recommendations for parents:

1. **Check your child's hair daily.**
2. If you find lice, **treat your child and any children who share rooms or beds in the house.** In addition, the sheets and clothes must be washed in hot water or bagged for 48 hours for stuffed animals or items which cannot be washed. **Please let the school nurse know if you become aware of lice.**
3. More information on head lice treatment can be obtained from the **Centers for Disease Control and Prevention (CDC)** web site at <https://www.cdc.gov/parasites/lice/head/treatment.html> or the **Amarillo Independent School District (AISD)** web site at [www.amaisd.org/departments/student health services](http://www.amaisd.org/departments/student%20health%20services)
4. The school district recommends that treatment is made in accordance with the **CDC guidelines.**

Please do not hesitate to contact your **campus nurse or health clerk** if you have any questions.